



**INFINITE
SCHOOLS**

RSE & Health Education Policy

Policy Reviewed	September 2025
Review date	September 2026

1. Legal Framework

This policy is informed by the DfE's 2025/26 statutory guidance on Relationships, Sex and Health Education (RSHE), as well as Keeping Children Safe in Education (2025), the Equality Act 2010, and other relevant legislation.

2. Aims and Ethos

Our approach to RSHE is values-led, inclusive, and aligned with our whole-child development model. We aim to equip pupils with the knowledge, skills, and understanding to lead safe, healthy, and fulfilling lives.

3. Curriculum Design and Organisation

RSHE is embedded through SMSC Drop Down Days, core subjects (Science, RE, PE, PSHE), assemblies, and targeted interventions. Content is sequenced age-appropriately and tailored to local contextual needs.

4. Statutory Content Overview

The curriculum includes statutory elements from the 2025/26 RSHE guidance: families, respectful relationships, online safety, sexual health, mental wellbeing, drugs and alcohol education, physical health, and first aid.

5. Assessment, Inclusion and Pupil Voice

Progress is tracked via discussion, reflection, and assessment. SEND needs are fully embedded. Pupils are consulted and safe spaces created for open dialogue, reflection, and safeguarding disclosures.

6. Roles and Responsibilities

Leaders ensure the RSHE curriculum is effectively delivered, evaluated, and resourced. Teachers receive annual training. The DSL ensures safeguarding integration. Parents are consulted regularly.

7. Monitoring, Review, and Quality Assurance

This policy and its implementation are reviewed annually with pupil, parent and staff feedback. Teaching quality is monitored through lesson observations, CPD reviews, and impact evaluations.